



CANOLFAN GYMUNED CARREGLEFN CARREGLEFN COMMUNITY CENTRE

Cadwch y daflen hon wrth law / Keep this leaflet handy



Y wybodaeth ddiweddaraf / Latest information

carreglefn.org/be-sy-mlaen-whats-on/

Sganiwch y cod QR / Scan the QR code

DIGWYDDIADAU

WHAT'S ON

MEDI - RHAGFYR 2026

SEPTEMBER - DECEMBER 2026



MEDI / SEPTEMBER

7 Medi	Dewch am Sgwrs 10:30-11:30; Cinio gyda'n gilydd 11:30-14:00 Come and Chat; Together for Lunch
11 Medi	Gyfra Chwist 19:30-21:00 Whist Drive
13 Medi	Taith Gerdded 14:00-17:00 Community Walk
14 Medi	Cyfarfod Cyngor Plwyf 19:00-21:00 Community Council Meeting
16 Medi	Clwb y Cen 13:00-16:30 Over 50's Club
18 Medi	Bingo 18:30-21:00 Bingo
19 Medi	Grwp Gwnio 10:00-14:00 Sewing Group
21 Medi	Tai Chi 18:30-19:30 Tai Chi
23 Medi	Cyfrifiaduron a Sgiliau Digidol 14:00-16:30 (1/10); Gemwaith 17:30-20:00 (1/4) Computer & Digital Skills; Jewellery Making
23 Medi	Tai Chi 17:30-18:30 & 19:00-20:00 Tai Chi
25 Medi	Gyfra Chwist 19:30-21:00 Whist Drive
28 Medi	Tai Chi 18:30-19:30 Tai Chi
30 Medi	Cyfrifiaduron a Sgiliau Digidol 14:00-16:30 (2/10); Gemwaith 17:30-20:00 (2/4) Computer & Digital Skills; Jewellery Making
30 Medi	Tai Chi 17:30-18:30 & 19:00-20:00 Tai Chi

HYDREF / OCTOBER

3 Hydref	Paned a theisen 11:00-13:00 - codi arian i'r Uned Dementia Coffee & cake - Dementia Unit fundraiser
5 Hydref	Dewch am Sgwrs 10:30-11:30; Cinio gyda'n gilydd 11:30-14:00 Come and Chat; Together for Lunch
5 Hydref	Tai Chi 18:30-19:30 Tai Chi
7 Hydref	Cyfrifiaduron 14:00-16:30 (3/10); Gemwaith 17:30-20:00 (3/4) Computer & Digital Skills; Jewellery Making
7 Hydref	Tai Chi 17:30-18:30 & 19:00-20:00 Tai Chi
9 Hydref	Gyfra Chwist 19:30-21:00 Whist Drive
12 Hydref	Tai Chi 18:30-19:30 Tai Chi
14 Hydref	Cyfrifiaduron 14:00-16:30 (4/10); Gemwaith 17:30-20:00 (4/4) Computer & Digital Skills; Jewellery Making
14 Hydref	Tai Chi 17:30-18:30 Tai Chi
16 Hydref	Bingo 18:30 Bingo
17 Hydref	Grwp Gwnio 10:00-14:00 Sewing Group
19 Hydref	Tai Chi 18:30-19:30 Tai Chi
21 Hydref	Clwb y Cen 13:00-16:30; Cyfrifiaduron 14:00-16:30 (5/10) Over 50's Club; Computer & Digital Skills
21 Hydref	Tai Chi 17:30-18:30 & 19:00-20:00 Tai Chi
26 Hydref	Tai Chi 18:30-19:30 Tai Chi
28 Hydref	Cyfrifiaduron 14:00-16:30 (6/10); Tai Chi 17:30-18:30 & 19:00-20:00 Computer & Digital Skills; Tai Chi

TACHWEDD / NOVEMBER

1 Tachwedd	Ffair yr Hydref 12:30 Autumn Fayre
2 Tachwedd	Dewch am Sgwrs 10:30-11:30; Cinio gyda'n gilydd 11:30-14:00 Come and Chat; Together for Lunch
2 Tachwedd	Tai Chi 18:30-19:30 Tai Chi
4 Tachwedd	Cyfrifiaduron 14:00-16:30 (7/10); Tai Chi 17:30-18:30 & 19:00-20:00 Computer & Digital Skills; Tai Chi
6 Tachwedd	Gyfra Chwist 19:30-21:00 Whist Drive
9 Tachwedd	Tai Chi 18:30-19:30; Cyfarfod Cyngor Plwyf 19:00-21:00 Tai Chi; Community Council Meeting
11 Tachwedd	Diwrnod y Cofio 10:30-14:00 Remembrance Day
11 Tachwedd	Cyfrifiaduron 14:00-16:30 (8/10); Tai Chi 17:30-18:30 & 19:00-20:00 Computer & Digital Skills; Tai Chi
13 Tachwedd	Bingo 18:30-21:00 Bingo
16 Tachwedd	Tai Chi 18:30-19:30 Tai Chi
18 Tachwedd	Cyfrifiaduron 14:00-16:30 (9/10); Tai Chi 17:30-18:30 & 19:00-20:00 Computer & Digital Skills; Tai Chi
20 Tachwedd	Gyfra Chwist 19:30-21:00 Whist Drive
21 Tachwedd	Grwp Gwnio 10:00-14:00 Sewing Group
23 Tachwedd	Tai Chi 18:30-19:30 Tai Chi
25 Tachwedd	Cyfrifiaduron 14:00-16:30 (10/10); Tai Chi 17:30-18:30 & 19:00-20:00 Computer & Digital Skills; Tai Chi
30 Tachwedd	Tai Chi 18:30-19:30 Tai Chi

RHAGFYR / DECEMBER

2 Rhagfyr	Cyngerdd Carolau 18:30 Carol Singing Concert
3 Rhagfyr	Tai Chi 17:30-18:30 & 19:00-20:00 Tai Chi - moved from Wednesday
4 Rhagfyr	Gyfra Chwist 19:30-21:00 Whist Drive
7 Rhagfyr	Dewch am Sgwrs 10:30-11:30; Cinio gyda'n gilydd 11:30-14:00 Come and Chat; Together for Lunch
7 Rhagfyr	Tai Chi 18:30-19:30 Tai Chi
8 Rhagfyr	Gweithdy Torch Nadolig 18:30 Christmas Wreath Making Workshop
9 Rhagfyr	Tai Chi 17:30-18:30 & 19:00-20:00 Tai Chi
11 Rhagfyr	Bingo Nadolig 18:30-21:00 Christmas Bingo
14 Rhagfyr	Tai Chi 18:30-19:30 Tai Chi
16 Rhagfyr	Clwb y Cen 13:00-16:30; Tai Chi 17:30-18:30 & 19:00-20:00 Over 50's Club; Tai Chi
18 Rhagfyr	Gyfra Chwist 19:30-21:00 Whist Drive
19 Rhagfyr	Grwp Gwnio 10:00-14:00 Sewing Group